

6 Ways CoQ10 Ignites Your Body's Energy

Coenzyme Q10 (CoQ10) is a naturally occurring nutrient found in every cell of the body. It helps support the body's natural energy production process, enabling cells to generate the energy they need to function.

Your Body Needs CoQ10 for:



Cellular Energy

Supports body's natural energy production to stay active.



Healthy Aging

Supports vitality and wellbeing as CoQ10 levels decline with age.



Reproductive Wellness

Supports reproductive health through antioxidant protection.



Brain Health

Supports cognitive wellness and mental performance.



Heart Health

Supports the energy needs of your heart to help keep it working at its best.



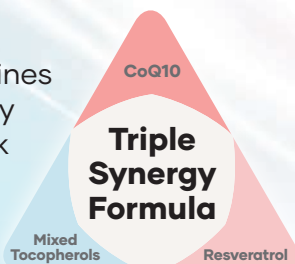
Skin Health

Supports skin vitality by helping defend against oxidative stress.

Ignite the Cells That Power You

Why Choose CoQ-Trol Plus?

CoQ-Trol Plus combines three complementary ingredients that work together to support cellular wellbeing:



CoQ10 support the body's natural cellular energy production process



Resveratrol support healthy cellular function and overall wellness

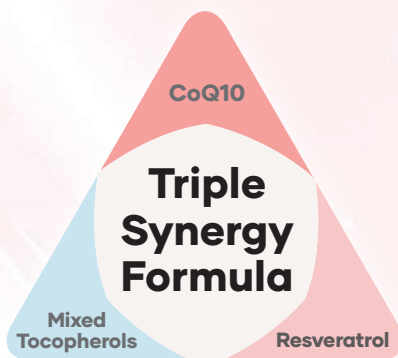


Mixed Tocopherols (Vitamin E compounds) provide antioxidant protection against oxidative stress



Did You know? 🌿 **CoQ-Trol Plus** is formulated with olive oil to help support better absorption of CoQ10.

IGNITE THE CELLS THAT SUPPORT YOU



Available
Now



CoQ10

Energy
production



Mixed Tocopherols

(Vitamin E compounds)

Cell function



Resveratrol

Antioxidant
protection



CoQ-Trol Plus (30 Capsules)

UV 33 | PV 115 | DN 125.00 | RP 156.25

Item Code: 11026

Peninsular M'sia Shops:
17 July 2026 onwards

East M'sia Online:
24 July 2026 onwards

cinch

Weight Management Program

**16g
Mixed Soy
Protein**

**Balanced
Nutrition
in a Shake**

**Powered by
Leucine®**

NEW



UV 35 | PV 143 | DN 168.00 | RP 210.00

Life Cinch® Mixed Soy Protein with Chocolate Flavour (720g)

Item Code: 11011

Cinch® Mixed Soy Protein Isolate Salted Caramel Flavour Shake (720g)

Item Code: 11070

Cinch® Mixed Soy Protein Isolate Matcha Flavour Shake (720g)

Item Code: 11069

Life Cinch® Mixed Soy Protein with Café Latte Flavour (720g)

Item Code: 11012

Fuel Your Fitness the Matcha Way

Powered by high-quality protein and enhanced with leucine, Cinch® Matcha Shake is refreshingly smooth with a matcha kick that brings a calm, balanced feel in every sip. Light yet satisfying, it fits effortlessly into your daily routine while fuelling your fitness goals so you can stay consistent, feel confident and stay on track.

Powered by
Leucine®

16
Vitamins
& Minerals

Prebiotics

16g
Mixed Soy
Protein

6g
High Fibre

Omega-3s



Congratulations

MAY 2026 ACHIEVERS



CAR BONUS ACHIEVER



KUALA LUMPUR
TAN LIANG LEAN



SENIOR SUPERVISORS

JOHOR

NG SAI LENG
& LEE HONG SENG
TAN MAN HANG

KELANTAN

NUR AMANI FATIHAH BT CHE ZAHABUDDIN
& MOHAMAD AL BASRI BIN AB RAHMAN

NEGERI SEMBILAN

SITI NURSYAHIRAH BINTI ROSLAN

SELANGOR

SAROJA A/P RAMASAMY



SUPERVISORS

JOHOR

CHAN MEE YEE
NORAZMIRAH BINTI SARLI
& MUHAMMAD NOOR AKMAL BIN MOHD
RASHID
YAP CHWEE PING

KEDAH

AINUR NAJIHAH SAFFA BINTI SAIFUL HISHAM
& MUHAMMAD ARIFF BIN ZULKIFLI
NUR ALYAA BINTI NORDIN
NURHIDAYATUL ASYIKIN BINTI MOHD KHAIRI
REZIYAH AHMAD

KELANTAN

MOHD AZWADIE BIN MOHD NOOR
NURIN ATHIRAH BT MOHD RAMLI

NEGERI SEMBILAN

SITI AISHAH BINTI ASRI
& MOHD MUSLIM BIN MOHAMAD NAWAWI
SITI NURHIDAYAH BINTI ROSLAN

PAHANG

NOR HADIAH BINTI DOLLAH OMOR
& MD KAMARUDIN BIN TALIB
SITI NORIFFA ASYIRAH
TAN CHAI LENG

PERAK

BAIZURA BINTI HASHIM
FAIRUZ BT KHATIM
JAYA KUMARR A/L KAMALAKANAN
SHAZARINA IZANI BT SHAKDUN
SIVAPAKIAM A/P VANGADASALAM

PULAU PINANG

LIM JYE TYNG
LIM PEI WEI
SITI NOR FITRAH BT MOHD SOBRI
& MUHAMMAD LUQMAN BIN SHAFII
SYAZWANI SYAMIMI BINTI REDZUAN
YAU PHAIK GAIK

SELANGOR

DIANA THOW KAI YING
NOREEN SHAHIRA BINTI ABDULLAH
& MUHAMMAD RIDZUAN
NURUL ATHIRAH BINTI MOKHTAR
& NASHRULLAH BIN MOHD NOOR
PUTERI BATRISYIA BINTI MAAROF
SITI NOR BAHIJAH BT MOHD ZAKI



Promoting the Shaklee Opportunity with Integrity

Section 3.10.2.1 Earning Claims of the Shaklee P&R states:

When you make earnings claims, you may be required to disclose average annual earnings by rank for the most recent calendar year, or such other period, of time as and when published by Shaklee. Earnings claims include any oral, written or visual claim that conveys, expressly or by implication, a specific level or range of actual or potential sales; or gross or net income or profits, including but not limited to claims that either, explicitly or implicitly, suggest that lifestyle purchases, such as homes, vehicles and trips, are related to income earned.

What You Should Not Say

Avoid making claims that are false, misleading, or create unrealistic expectations such as:

- "Guaranteed income or earnings"
- "Unlimited income"
- "Life-changing money"
- "Financial freedom"
- "Quit your job"
- "Earn money while doing nothing"
- "Passive income" or "residual income" without proper context
- Claims that suggest everyone can achieve the same results

Shaklee Independent Distributor (SID) must also not present the Shaklee Opportunity as a financial investment, security, or investment scheme. Joining Shaklee is a business opportunity that requires effort, learning, customer service, and business-building activities.

What You Can Say

You may share your personal experience and journey, provided it is truthful and not misleading.

Examples include:

- ✓ "I enjoy earning extra income through my Shaklee business."
- ✓ "Building my Shaklee business has been a rewarding experience for me."
- ✓ "Success requires consistent effort, learning, and dedication."
- ✓ "Results vary from person to person."
- ✓ "The Shaklee business offers an opportunity to earn income through product sales and team-building activities."



Be Careful with Lifestyle Posts

Photos or videos of luxury cars, expensive homes, designer goods, vacations, or cash may imply that such lifestyles are guaranteed through the Shaklee Business Opportunity. This applies to captions, hashtags, emojis, images, videos, and other social media content.

REMEMBER

The best way to share the Shaklee Business Opportunity is to focus on your genuine experience and the value of building a business through the **3S principles**:

Sell • Service • Sponsor

By keeping your messages honest and realistic, you help build trust with prospects while protecting the reputation of the entire Shaklee Family.

Shaklee Regional Incentive Trip 2026

KUNMING

CHINA

20 – 24 June 2026

Shaklee Takes KUNMING

More than 140 qualifiers celebrated their achievements with an unforgettable journey to Kunming, China. Surrounded by stunning scenery, immersive cultural experiences, and exclusive Shaklee highlights, they created meaningful connections and lasting memories. The experience was made even more special with the presence of Paul Haacke, VP of International Market, Shaklee Corporation.

Highlight #1

Stone Forest World Heritage Park

Explored the majestic UNESCO-listed Stone Forest and captured memorable moments in traditional Yi ethnic costumes.



Highlight #2 Wan Jia Huan Blueberry Farm

Hand-picked fresh blueberries straight from the farm and brought home a box of nature's sweetest harvest.



Highlight #3 Fu-Xian Lake Sailing Experience

Sailed across Yunnan's pristine waters aboard a customised Shaklee sailboat surrounded by stunning mountain scenery.



EXCLUSIVE Cinch® Matcha Shake Preview

Among the first to enjoy the all-new Cinch® Matcha Shake before its official launch in July 2026.



Dressed in Floral Elegance, the Shaklee Family Dinner brought together our **16 First-Time Qualifiers** to celebrate success, togetherness, and the beginning of unforgettable memories.



Fuel Your Fitness the Matcha Way

Powered by high-quality protein and enhanced with leucine, Cinch® Matcha Shake is refreshingly smooth with a matcha kick that brings a calm, balanced feel in every sip. Light yet satisfying, it fits effortlessly into your daily routine while fuelling your fitness goals so you can stay consistent, feel confident and stay on track.

Powered by
Leucine®

16 Vitamins & Minerals

Prebiotics

16g
Mixed Soy
Protein

6g
High Fibre

Omega-3s

NEW



Protein Helps You Stay Fuller for Longer

“I'm eating less, so why isn't the scale moving?”

The answer isn't the amount of food on your plate. Carb-heavy meals can leave you hungry again just hours later. Protein, on the other hand, helps you feel satisfied for longer, making it easier to manage cravings and support your weight goals.

Switching to a healthier meal replacement help you manage your fitness journey more effectively.

Typical Malaysian Lunch

Nasi Lemak + Teh Tarik



Protein
8g



Calories
620kcal



Fibre
2g



Fitness duration:
Hungry again in
~1.5hrs

High calories,
low protein
and low fibre.



Replacement Meal

Cinch® Matcha Shake

Balanced nutrition in a shake.



Protein
16g



Calories
168kcal



Fibre
6g



Fitness duration:
Satisfied for
3~4hrs



Why Protein + Leucine are Vital for Weight Management?

Protein added with leucine help keep hunger in check, so you're less likely to reach for unnecessary snacks. It keeps you feeling fuller for longer and helps preserve lean muscles as you lose fat. Without enough of these two nutrients, hunger and cravings can return quickly, making it harder to stay on your weight goals.

Track your protein intake and stay on track with our Protein Tracker.



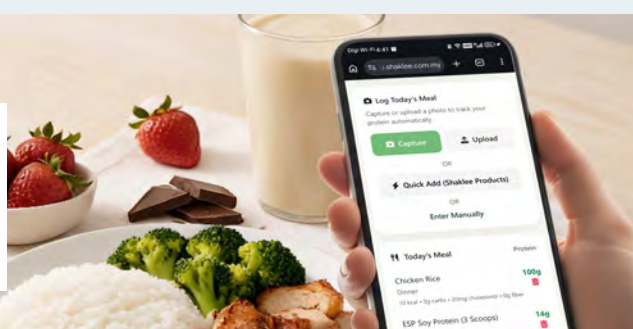
Estimate your daily protein needs



Track what you eat



Identify gaps and fix them easily



The Power of One Daily Swap

You don't need to overhaul your diet to make progress. Simply swap your heaviest meal with Cinch® Matcha Shake for 30 days. Powered by Leucine®, protein and fibre, it helps keep you satisfied while making it easier to manage your calorie intake. One consistent swap could be the start of a healthier, lighter, more confident you.

Powered by
Leucine®

16
Vitamins
& Minerals

Prebiotics

16g
Mixed Soy
Protein

6g
High Fibre

Omega-3s



3 Science-Backed Reasons Cinch® Matcha Shake Makes a Smart Meal Swap



Stay Fuller for Longer

With **16g protein** and **6g fibre**, Cinch® Matcha Shake helps you feel satisfied for longer. Fewer hunger pangs mean fewer cravings and mindless eating throughout the day.



Lose Fat, Not Muscle

When you're cutting calories, preserving lean muscle matters. That's why Cinch® Matcha Shake is added with **leucine**, an amino acid that helps support **lean muscle** while your body burns fat.



Make Calorie Count

At just **168kcal** per serving, swapping one heavier meal for Cinch® Matcha Shake can help reduce your daily calorie intake in a simple, sustainable way. No starving, just one smart swap.

Sip It. Spoon It. Savour It.

Who says it's just a shake?

Explore these three quick and delicious recipes made with **Cinch® Matcha!**

Serve
immediately.

Matcha Chocolate Latte

Ingredients



1 scoop Cinch®
Matcha Powder



1 scoop Life Cinch®
Chocolate Powder



250ml Milk



Ice cubes

Steps

1



Whisk Life Cinch®
Chocolate with
a little milk until
smooth, then pour
into a glass.

2



Add ice cubes.
Add the
remaining milk
to create the
second layer.

3



Whisk Cinch®
Matcha with a
little milk until
smooth.

4



Gently pour the
matcha mixture
over the milk
layer.

Matcha Biscoff

Ingredients



250g Greek
Yoghurt



3 scoops Cinch®
Matcha Powder



4 Biscoff Biscuits

Steps

1



Add Greek
yoghurt into
a bowl.

2



Add Cinch®
Matcha powder
and mix until
smooth.

3



Transfer mixture
into a container.
Put in Biscoff
biscuits.

4



Refrigerate
overnight.

Serve and enjoy
your creamy Matcha
Biscoff treat!



Top with strawberry and a sprinkle of Cinch® Matcha powder before serving.

Matcha Mousse

Ingredients



4 cubes White Chocolate



½ pack Silken Tofu



2 scoops Cinch® Matcha Powder



Strawberry for garnishing

Steps

1



Melt white chocolate.

2



Add silken tofu, melted white chocolate and Cinch® Matcha power into a blender.

3



Blend until smooth and creamy.

4



Pour into a cup/glass/container and refrigerate for at least 3 hours or overnight.

Fuel Your Fitness the Matcha Way



Powered by **Leucine®**

16
Vitamins
& Minerals

Prebiotics

16g
Mixed Soy
Protein

6g
High Fibre

Omega-3s



Scan here
to know more!

Feed Your Skin What It Really Needs

While skin care products work on the surface, the right nutrients help nourish your skin from within. Discover targeted nutrition that best matches your skin's needs to achieve the radiant glow you're looking for.

CONCERN



**Dull Skin &
Uneven Skin Tone**

YOUR BEAUTY ROUTINE

(Vitamin C + Protein)

Wake up your glow from within.

- ✦ Brightens complexion and reduces pigmentation
- ✦ Fights sun and environmental damage
- ✦ Boosts collagen formation for a natural glow



Dry Skin

(Protein + Collagen + GLA)

Hydration starts beneath the surface.

- ✦ Maintains skin moisture
- ✦ Softer, supple-looking skin
- ✦ Supports a healthy skin barrier



**Oily & Blemish-
Prone Skin**

(Zinc + Pre & Probiotics)

Balance your skin, starting from the gut.

- ✦ Reduces redness and inflammation
- ✦ Supports skin recovery and balance
- ✦ Promotes a healthier gut for clearer skin



**Early Ageing
Signs**

(Vitamin C + Collagen + Protein)

Support firmer, smoother-looking skin every day.

- ✦ Helps improve skin elasticity
- ✦ Supports collagen formation
- ✦ Reduces the appearance of fine lines and wrinkles



**Don't
Forget!**



Drink enough
water



Wear sunscreen
daily



Stay positive and
manage stress



Eat a protein-
packed breakfast