

WHY CHOOSE OMEGA GUARD™

- **PURE**
From small, cold-water fish. Purified through Triple Molecular Distillation.
- **SAFE**
Quality tested for purity, potency, and minimal fishy aftertaste.
- **COMPLETE**
540mg EPA + 360mg DHA for heart, brain, eye & joint support.
- **EASY DAILY HABIT**
Just 3 capsules once daily with meals.

VIDEO CONTENT IDEAS & SAMPLE SCRIPTS

Script 1: "Heart + Focus" (30s)

Hook: No one tells you this about turning 30...

“ I used to think Omega-3 was only for older people.
But once I hit 30, I started paying more attention to my health—like my heart, energy, even my focus during work.
That’s when I added Omega Guard into my routine.
It’s just one simple habit, but I like knowing I’m getting enough Omega-3 for my heart and brain every day.
Honestly... I wish I started earlier. ”
CTA: If you’re 30+, save this as your reminder—or DM me **"OMEGA"** and I'll share more.

SCRIPT 2: "Pregnancy / Foetal Brain Development"

Hook: One thing I didn't want to miss during pregnancy...

“ I became a lot more careful about what I put into my body.
One thing that kept coming up was DHA because it supports baby's brain and eye development.
So I added Omega Guard into my daily routine.
It's an easy way for me to make sure I'm getting the right nutrients, for both me and baby. ”
CTA: If you're expecting or planning, save this or send this to a mama who needs it ❤️

SCRIPT 3: "Joints & Active Lifestyle"

Hook: Why does my body feel older than me lately?

“ I started noticing more stiffness after long workdays... and even after workouts.
Recovery just wasn't the same.
So I added Omega Guard into my daily routine.
It helps me stay consistent with movement and feel less stiff day to day.
Now it's just part of my routine, like brushing my teeth. ”
CTA: Comment **"MOVE"** and I'll share how I use it daily.