

1 C Your Best Defense

- Helps protect against everyday germs
- Keeps you strong, resilient and ready for anything
- Supports overall body defences

2 C Your Best Glow

- Revitalises dull, tired-looking skin
- Brightens dark spots and promotes a clearer, glowing complexion
- Supports collagen production for firmer, smoother skin



4 C Your Recovery

- Supports strength and resilience for quicker wound healing
- Helps build strong, healthy connective tissues
- Reduces inflammation and supports overall tissue repair

5 C Your Antioxidant Protection

- Shields your cells from daily damage caused by stress and pollution
- Helps slow down signs of ageing



C the Difference

From the morning rush to work deadlines, commuting and celebrations, life never slows down and neither do the stressors on your body. Vitamin C helps you stay healthy, energised and ready for whatever the day brings.

3 C Your Mom Power

- Helps reduce fatigue and tiredness
- Supports iron absorption for better energy levels
- Keeps you feeling active and vibrant every day

