



Fit and Energised Ramadan

Ramadan is about balance, both physical and spiritual.

Life Cinch® supports **weight management** and **satiety** without skipping *sahur* or *iftar* :



Helps **portion control**



Keeps you **satisfied longer**



Supports **lean muscle** as your body adapts to fasting



Smart Indulgence

Cinch® Salted Caramel Shake, your Ramadan guilt-free treat:

Rich, indulgent flavour
perfect for *moreh* cravings

Keeps your weight goals in check with **16g of high-quality soy protein**

Powered by **Leucine®** to help **preserve lean muscle**

**This Ramadan,
Fuel Smarter,
Feel Sharper.**

